

ABOUT YOUR SPEAKER

**KARA BAUMAN**  
MN RN CEN CPEN TCRN

Kara Bauman graduated from the University of San Francisco in 1998. She began her nursing career as an Army Nurse in a cardiac telemetry unit at Brooke Army Medical Center, TX. In 2000 Kara was offered the opportunity to train as an emergency nurse and jumped at the chance to care for both adult and (her much loved) pediatric patients. It was a perfect fit! After assignments in Korea and Washington, she got out of the Army and received her Masters in Emergency/Trauma from the University of Washington in 2004. She has served as a staff nurse, charge nurse, preceptor, and educator in hospitals all over (England, North Dakota, Kansas, Colorado, Montana, and Virginia). Kara joined the Solheim Enterprises' team in 2018 in order to share her passion for education and emergency nursing.

In 2016, Kara was the recipient of the CEN of the Year Award. She has been honored as General Dynamics' Patient Safety Manager of the Year (2006) and Inova's Educator of the Year (2016).

Kara, a military spouse, spends much of her free time in the great outdoors: hiking, taking photographs, and watching her three children play their various sports. She is also actively involved in the children's ministry at her church. Kara acknowledges that she is grumpy in the mornings, but after a single cup of coffee, she is ready to take on the world.



Visit us at [www.SolheimEnterprises.com](http://www.SolheimEnterprises.com)

This nursing continuing professional development activity was approved by Oregon Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval valid through 07/24/2027 - OCEAN ID #2025-33

Deadline for registration for the course is November 1, 2026. There is a \$25 fee for refund requests. No refund requests after the deadline.



**SOLHEIM'S  
CERTIFIED  
PEDIATRIC  
EMERGENCY  
NURSE  
EXAM  
REVIEW  
COURSE**

INSTRUCTED BY KARA BAUMAN, MN CEN CPEN TCRN



Kansas State Council

**November 9-10, 2026 | 8am - 5pm**  
**Earn Up to 24.58 CEUs**

# About the Course

Updated with every new version of BCEN's CPEN Exam Content Outline, Solheim's CPEN Exam Review Course utilizes a tailor-made combination of lectures, multimedia, personal stories, and challenge questions to review the many areas that are tested on the examination. Solheim Enterprises' CPEN team is made up of two instructors that are leaders in nursing, education, and public speaking. Ultimately, this has made Solheim Enterprises the go-to source for nurses when preparing to sit for BCEN's Exams.

## Course modules include...

- Introduction to the Course & Exam
- Triage Process
- Pediatric Assessment
- System-Focused Emergencies
  - Respiratory Emergencies
  - Cardiovascular Emergencies
  - Neurological Emergencies
  - Gastrointestinal Emergencies
  - Genitourinary and Obstetrical Emergencies
  - Maxillofacial, Ocular, and ENT Emergencies
  - Musculoskeletal and Integumentary Emergencies
  - Hematology/Oncology and Endocrine Emergencies
- Special Considerations
- Behavioral Health and Maltreatment
- Environmental
- Toxicology and Communicable Diseases
- Professional Issues
- Deep Dives + Clinical Connections



Kansas State Council

## LOCATION

**University of Kansas Health System**  
Olathe Medical Pavillion B - Room 315  
20805 West 151st Street  
Olathe, KS 66061

## CONTACT

**Heidi Webber**  
Kansas ENA  
hwebber@kumc.edu

## COST

\$100 / ENA Member  
\$200 / Non-ENA Member  
Must register before November 1, 2026

## REGISTRATION

<https://www.kansasena.org>



# Mail-in Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Title \_\_\_\_\_

Employer \_\_\_\_\_

*Registration confirmation will be emailed.*

Email \_\_\_\_\_

*Required to receive CEU hours.*

RN License # \_\_\_\_\_

*Required to receive ENA pricing.*

ENA Member # \_\_\_\_\_

**Make Checks Payable To:**  
Kansas Emergency Nurses Association

Please mail this form & payment to:  
Carol Kappelman  
7900 Cernech Road  
Kansas City, KS 66109

